

# Registration

Participant Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone \_\_\_\_\_

Emergency Contact (if different than parent): \_\_\_\_\_ Phone: \_\_\_\_\_

Please indicate by checking the boxes which program you would like to register your child for. Please refer to registration policies in our program brochure.

**Teen Night, Natick**  
**Ages 13-21, Fridays, 6:00-8:30**  
**Cost, \$5**

- May 5<sup>th</sup>: Five Guys and Movies
- June 2<sup>nd</sup>: Pizza and Mini Golf

**Adult Community Group, Needham**  
**Ages 18+, Saturdays 12:00-4:00**

- April 8<sup>th</sup>: Bowling at Ryan Family Amusement and Lunch at Budabing's
- April 22<sup>nd</sup>: Tour of Isabelle Stewart Gardner Museum
- April 29<sup>th</sup>: Lunch at Wayside Inn and Grist Mill Tour
- May 6<sup>th</sup>: Swan Boats and Lunch at Cheers
- May 20<sup>th</sup>: Larz Anderson Car Museum and Lunch at Johnny's Luncheonette
- June 3<sup>rd</sup>: Bowling and Lunch at Budabing's
- June 10<sup>th</sup>: Marina Bay and Captain Fishbones for Lunch
- June 17<sup>th</sup>: Strawberry Day at Drumlin Farm and Main St Café
- June 24<sup>th</sup>: Castle Island and Lunch at Sullivan's

- Cooking Class, Needham, 18 +,**  
**Wednesdays from 6:15-8:00, Cost is \$60**

**Kids Break**

**Ages 10-17, Saturdays 9:00-4:00, 9:00-12:00, or 1:00-4:00**  
**Cost: Currently Funded Through DDS**

- April 8<sup>th</sup>
  - Full Day
  - Morning
  - Afternoon
- April 29<sup>th</sup>
  - Full Day
  - Morning
  - Afternoon
- May 6<sup>th</sup>
  - Full Day
  - Morning
  - Afternoon
- May 13<sup>th</sup>
  - Full Day
  - Morning
  - Afternoon
- May 20<sup>th</sup>
  - Full Day
  - Morning
  - Afternoon
- June 3<sup>rd</sup>
  - Full Day
  - Morning
  - Afternoon
- June 24<sup>th</sup>
  - Full Day
  - Morning
  - Afternoon

Please return registration to Kelly Atkins via email at [katkins@charlesrivercenter.org](mailto:katkins@charlesrivercenter.org), via mail at 59 East Militia Heights Dr., Needham MA 02492 or by fax to 781-444-5146 by **April 5th**

Program Registration due April 5th



59 East Militia Heights Dr.  
Needham, MA 02492



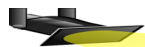
CHARLES RIVER CENTER  
ILLUMINATING THE POSSIBILITIES

## Family Support

Social Recreation Programs, Trainings, and  
Support Groups  
Spring Session 1

*What's special this session?*

- ◆ Special Olympics Bowling Tournament!
- ◆ Exciting themed dances!
- ◆ Building Friendships Social Skills class is back!
- ◆ To be considered for our programs, remember to register on time!
- ◆ Stay tuned for summer programming!
- ◆ Looking for part time work or know someone that is? Ask us about our vacant respite positions!



**Program Spotlight!**

**Adult Family Care**

## Building Friendships

Join us for a 6 week social skills program! This program is for teens with developmental disabilities. We will learn about relationships and will have opportunities to practice friendship-building skills.

Wednesdays, 6:30-7:30, Ages 14-21

April 26th: Introductions, Rules, and Self-Esteem

May 3rd: Boundaries, Space, and Consent

May 10th: Types of Relationships

May 17th: Friendship Skills

May 24th: Bullying and Cyber Safety

May 31st: Personal Goals and Review

To enroll, please contact Kelly Atkins at  
[katkins@charlesrivercenter.org](mailto:katkins@charlesrivercenter.org) or at 781-972-1060

## Come support our Special Olympics Bowling Team at their April 9th Tournament!

**When? April 9th from 9:15-12:30**

**Where? Metro Bowl**

**63 Foster St. #1 Peabody, MA**

## APPLY TODAY TO WORK WITH US....

Are you or do you know someone who is looking to make the difference in the lives of others or in the need of part-time work? If so contact Kelly Atkins at

[katkins@charlesrivercenter.org](mailto:katkins@charlesrivercenter.org) or at 781-972-1060 to apply to one of our vacant respite positions in the Newton South Norfolk Area or the Middlesex West Area. Pay rate is based on experience and number of hours varies from case to case.

# Adult Programs

## Needham

### SATURDAY COMMUNITY GROUP

Ages 18 +

Saturdays, 12 pm –4 pm

April 8th: Bowling at Ryan's Family Amusement and Lunch at Budabing's

April 22nd: Tour of Isabella Stewart Gardner Museum

April 29th: Lunch at Wayside Inn and Grist Mill Tour

May 6th: Swan Boats at Boston Common and Lunch at Cheers

May 20th: Larz Anderson Car Museum and Lunch at Johnny's Luncheonette

June 3rd: Conrad's for lunch and bowling at Norwood Sports Center

June 10th: Marina Bay In Quincy and Captain Fishbones for lunch

June 17th: Strawberry Day at Drumlin Farm and lunch at Main st Café

June 24th: Trip to Castle Island and Lunch at Sullivan's

To enroll, please submit the enclosed registration

### Monthly Dances

Ages 18 +

Fridays, 7 pm –9 pm

April 28th: I Love the 90s

May 19th: Western Theme

June 23rd: Hawaiian Luau

Admission: \$5

### Cooking Class

Ages 18 +

Thursdays, 6:15-8:00

Cost, \$10 Per Session

April 6th            May 25th

April 13th          June 1st

April 27th          June 8th

May 4th             June 22nd

To enroll, please submit the enclosed registration

# Registration Policies

- Programs are staffed at a 1:4 ratio (if your child requires 1:1 please contact Kelly Atkins to discuss possibilities)
- To run each program we need a minimum of 3 participants.
- To register please tear out paper registration, complete accordingly and send to Kelly Atkins at:  
  
Email: [katkins@charlesrivercenter.org](mailto:katkins@charlesrivercenter.org)  
Fax: 781-444-5146  
Mail: 59 East Militia Heights Dr.  
Needham, Ma 02492
- There are limited spots for each activity and we may not be able to accept everyone who registers. It is not a first come first serve basis. We staff according to how many people we expect to attend.
- Please be aware of the time and effort that goes into each program. We need to ensure that we have the right amount of staff and the right amount of supplies. Because of this, please sign up and RSVP to each program in accordance with the due date on the registration form.
- If there are spots open the week before the registration date, we will notify you and open it up to other participants.
- If you have to cancel, please give as much notice as possible. Without notice of cancellation, you will be billed for half of the program cost.
- If the program costs are a financial hardship please contact Kelly Atkins to discuss.
- If you register for Saturday Kids' Breaks you have the option to drop your child off in Needham or in Natick. However, if you only wish that they participate half of the day, then they would need to be picked up in Natick. If they partake in the whole day, then they can be picked up where they were dropped off at the end of the day.

#### Needham Site Information

Address: 59 East Militia Heights Dr.

Needham, MA 02492

Contact: Kelly Atkins

781-972-1060

[katkins@charlesrivercenter.org](mailto:katkins@charlesrivercenter.org)

#### Natick Site Information

Address: 4 Strathmore Rd.

Natick, MA 01760

Contact: Kelly Atkins

781-972-1060

[katkins@charlesrivercenter.org](mailto:katkins@charlesrivercenter.org)

# Youth Needham

## ASPIRE

Afterschool Program for Independence, Recreation, and  
Education

*Have fun and make friends while we recognize and strengthen your  
abilities*

**Choose the day or days that works best for you!  
Monday-Friday 3:00-5:30**

Begin the registration process today!

Set up an intake interview by contacting Michaela Hughes at 781-514-2235 or at  
mhughes@charlesrivercenter.org

## Natick

### *Teen Night*

**Ages 13+, 1:5 Ratio, 1st Friday of Every Month, Cost \$5**

**May 5th: Five Guys and Movies**

**June 2nd: Pizza and Mini Golf**

To enroll, please submit the enclosed registration

### Saturday's Kids Break:

**Fitness in the morning followed by an outing**

**Ages 10-17, Saturdays from 9:00-4:00, Ratio 1:3**

**April 8th: Zumba and Tour of Fenway**

**April 29th: Kickboxing and Ryan Family Amusements**

**May 6th: Zumba and Kimball Farm**

**May 13th: Kickboxing and Castle Island**

**May 20th: Yoga and Stoneham Zoo**

**June 3rd: Zumba and Duck Boat Tour**

**June 10th: Yoga and Kayaking**

**To enroll, please submit the enclosed registration.**

*Partial day registration is permitted and lunch is required for full  
day participants. No nuts or seafood.*

*The cost of this program is being funded by DDS for those who live in  
the Newton South Norfolk Area or the Middlesex West Area. We will  
no longer be able to accept individuals who attend with their own  
one to one staffing. There will be a strict 1:3 ratio for this particular  
program.*

THE CHARLES RIVER CENTER PROUDLY PRESENTS  
AFC (ADULT FOSTER CARE MODEL). THIS IS A MASS  
HEALTH FUNDED PROGRAM THAT ALLOWS ADULTS THE OP-  
PORTUNITY TO LIVE IN THEIR HOME WITH QUALIFIED CARE-  
GIVER WHO COULD BE A PARENT OR OTHER CAREGIVER.

### *Benefits for Member*

- Personal Care
- Meals
- Companionship
- Assistance with Daily Living Skills
- 24- hour supervision

### *Benefits for the Caregiver*

- Monthly funding supports (non-taxable)
- Home visits from Care Manager and Registered  
Nurse
- Respite Care up to 14 days per year

**Ages 16+ with disabilities who cannot live alone safely  
please consider the option of this social service available  
either through private pay or MassHealth**

**Please call for a consultation to deter-  
mine if AFC may be right for your lifestyle.**

**Yvette Jones: 781-972-1017**