

# Family Support Programs

January– February– March



## Adult Programs

### Saturday Community Group

11:00 am-4:00 pm

Individuals **aged 18+**, living in **Needham South Norfolk** \* areas are invited upon acceptance to join the group for lunch and an event/activity. The program runs out of Needham, with a 1:5 Ratio and costs **\$20/outing**.

**Feb. 8th**– Harvard Museum of History

**Feb. 15th**–Girls Day Out–Pedicures

**March 14th**–Bowling @ Boston Bowl

**March 21st**–Paint Your Own Pottery

### Sharon House

Friday 4 pm - Sunday 3pm

An overnight Respite program, with Saturday Community activities.

**Ages 18+**

Cost: **\$500/weekend** if **MSW** (Middlesex West) **or OUT OF AREA**

**\$100/ weekend** contribution if **WITHIN NSN** (Newton South Norfolk)

**Feb. 14-16** Women's Basketball @ Wellesley

**Feb. 21-23** New England Aquarium

**March 6-8** Monster Mini Golf

**March 13-15** YMCA Swimming

### Cooking Club

Class time: 6:00 pm - 7:45 pm

Those **18+** can join a skills group based around planning, preparing and eating a meal together.

The program runs with a 1:5 ratio, and costs **\$10 per class**.

**January 30th**

**February 13th**

**March 5th**

**March 19th**

### Dances

Our next dance will be:

**February 7th**

**7:00pm– 8:30 pm**

**\$5/per person**

(birthday month gets in free)

**Ages 16+** Everyone must be accompanied by a chaperone - If this is a hardship, please let us know.

**Location:** Merritt Center Cafeteria  
Snacks and drinks provided!

**Upcoming Dance Dates:**

February 7th, March 13th.

Please fill out the registration page and return to:

[FamilySupport@charlesrivercenter.org](mailto:FamilySupport@charlesrivercenter.org)

**OR Fax to:** (781) 444-5146

**OR Mail to:** 59 East Militia Heights Drive

# FAMILY SUPPORT PROGRAMS REGISTRATION FORM

- CHECK ALL PROGRAMS THAT YOU WOULD LIKE TO ATTEND (in order of preference)
- RETURN THIS REGISTRATION FORM TO [FamilySupport@charlesrivercenter.org](mailto:FamilySupport@charlesrivercenter.org)
- PLEASE NOTE THAT REGISTERING FOR THE PROGRAM DOES **NOT** GUARANTEE PLACEMENT ON YOUR DESIRED DATES. BE ON THE LOOKOUT FOR A CONFIRMATION EMAIL FROM PROGRAM STAFF WITH YOUR CONFIRMED DATES.
- MARK ALL CONFIRMED PROGRAMS INTO YOUR CALENDAR!

Individuals Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Parent(s)/Guardian(s): \_\_\_\_\_ Email Address: \_\_\_\_\_

Child's Age: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Primary/Secondary Disability: \_\_\_\_\_



**Please number each program in order of preference  
1 being the highest!**

Please check here  if you have ***not*** completed a program intake

**All programs require an intake interview. If you are newly interested in Family Support programs, please contact a program coordinator to schedule one.**

**Melanie Santos (18+ programs)**

781-645-0129 (cell)

781-972-1082 (office)

Msantos@charlesrivercenter.org

## Saturday Community Group

Age 18+ // 11am– 4pm  
Needham South Norfolk Only  
1:5 Ratio \$20/outing.

February 8th \_\_\_\_\_

February 15th \_\_\_\_\_

March 14th \_\_\_\_\_

March 21st \_\_\_\_\_

## Sharon Respite House

Age 18+  
Friday 4pm– Sunday 3pm  
Needham South Norfolk \$100/weekend  
Middlesex West or Out of Area \$500/  
weekend

Feb. 14– 16 \_\_\_\_\_

Feb. 21-23 \_\_\_\_\_

March 6-8 \_\_\_\_\_

March 13-15 \_\_\_\_\_

**Cooking Group**  
Thursdays 6:00-7:45pm  
\$10 per session

January 30th \_\_\_\_\_

February 13th \_\_\_\_\_

March 5th \_\_\_\_\_

March 19th \_\_\_\_\_

## Upcoming Dances

February 7th & March 13th  
Age 16+ // Fridays 7:00-8:30pm  
\$5 per person (no RSVP required)  
Must attend with chaperone