

# Family Support Programs

March & April 2022



## Kid & Teen Programs

### Kids Break

Needham | 10:00 am—3:00 pm | Ratio: 1:3 | Ages: 12-21

Morning (10am-12pm) **FITNESS**

followed by a **FUN** afternoon (12:45pm -3pm)  
community adventure!

Half or full day option!

**March 5th-** Fitness followed by Ryan's Family Amusements

**March 19th** Fitness followed by Launch Trampoline Park

**April 2nd** Fitness followed by Movie Day

**April 30th** Fitness followed by Pottery Class

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*The cost of this program is funded for residents of the  
Newton South Norfolk and Middlesex West areas by DDS.*

*A bagged and ready to eat lunch is required for full-day participants.*

***No nuts or seafood please!***



### Teen Night

Offered on Friday evenings once per month, teens will participating in activities and outings that foster the use of social skills in a public setting. Teens will be responsible for managing their own money, and will be encouraged to engage with other attendees.

**Ages:** 13– 21 **Cost:** \$25

**When:** Fridays (once per month)

6:00 pm– 8:00 pm

**Upcoming Dates:**

March 25th @

*Fun & Games*

Mark your calendars for  
April Vacation Program :

**April 18th-22nd**

*If you have questions, Please contact Jacqueline Milian at  
FamilySupport@CharlesRiverCenter.org with your contact information.*